

GREATEST DANGER FOLLOWS GRIP

Weakened Victims Fall Easy Prey to Other Diseases

The getting-well stage of grip, pneumonia or other illness is the most dangerous of all, because the body, weakened by the disease, is wide open to attacks of other lurking germs.

That is why all the organs of the body must be kept in their best working order, not only to drive out the poison left by the disease, but that the patient shall regain strength as soon as possible to avoid further attacks resulting from the poisons in the system.

As a means toward good health after any illness Father John's Medicine builds up the body because it is all pure wholesome nourishment and free from opium, morphine, chloroform or other poisonous drugs or alcohol. Father John's Medicine has had 60 years' success for colds and throat troubles, coughs and sore throats, and as a tonic and body builder.

Proof:

"After an attack of pneumonia the doctor ordered me to give my baby Father John's Medicine and as a result he regained health and strength. I always give it to my children whenever they catch cold. I am writing this to tell you how grateful I am to Father John's Medicine." (Signed) Mrs. Geo. Hunsberger, 1054 Pike street, Reading, Pa. Because of its body-building, strength-giving food value, Father John's Medicine is an ideal family medicine for all who are weak and run-down.—Adv.

EAST CALAIS

Mrs. W. E. Marsh for a few days. Van Persons of North Montpelier was a business visitor in the place on Saturday.

A letter from Wayne Burnham, in France, tells of a good voyage across and that he is well and is at present in a rest camp. Wayne seems pleased with the country there, and expresses a desire to hear from home friends.

Mr. and Mrs. Farrar of Middlesex have moved to the village. They are to reside in the Barrett house with their daughter, Mrs. LaCombe.

Mr. Clark of Hardwick was a business visitor in the town Saturday.

The body of Wayne Martin, who died at the hospital in Hardwick last Thursday, was brought here for burial on Sunday.

Maynard King of Plainfield was a recent visitor in the village.

Mrs. Myrtle Drennon, who has been quite sick, is improving.

Mr. and Mrs. Maynard King were in Hardwick Saturday to attend the funeral of Frank Bailey, Mrs. King's aunt.

Classified.

The professor encouraged his geology class to collect specimens, and one day they deposited a piece of brick, cracked and stained, with their collection. Taking up the specimens one by one the professor said: "This is a piece of baryta from the Cheshire mines. This is a piece of feldspar from the Portland quarries. And this," coming to the brick, "is a piece of impudence from some member of the class."—Boston Transcript.

SPANISH INFLUENZA--JUST GRIP CAMOUFLAGED UNDER A NEW NAME

Most Authorities Now Agree That This Disease Is Simply the Old-Fashioned Grip, the Same That Has Swept Over the World Times Without Number—Since 1831 the United States Has Had Five Epidemics.

The Last Epidemic in 1889-90 Came from Russia by Way of France and Was Given a French Name, La Grippe—This Time It Comes by Way of Spain.

ORIGIN OF THE DISEASE.

Spanish influenza, which appeared in Spain in May, has swept over the world in numerous epidemics as far back as history runs. Hippocrates refers to an epidemic in 412 B. C., which is regarded by many to have been influenza. Every century has had its attacks. Beginning with 1831, this country has had five epidemics, the last in 1889-90.

THE SYMPTOMS.

Grip, or influenza, as it is now called, usually begins with a chill, followed by aching, feverishness and sometimes nausea and dizziness, and a general feeling of weakness and depression. The temperature is from 100 to 104, and the fever usually lasts from three to five days. The germs attack the mucous membrane, or lining of the air passages—nose, throat and bronchial tubes. There is usually a hard cough, especially bad at night, sometimes a sore throat or tonsillitis, and frequently all the appearances of a severe head cold.

THE TREATMENT.

Go to bed at the first symptoms—take a purgative, eat plenty of nourishing food, remain perfectly quiet and don't worry. Nature herself is the only "cure" for influenza, and will throw off the attack if you only conserve your strength. A little Quinine, Aspirin or Dover's Powder may be given by the physician's directions to allay the aching. Always call a doctor, since the chief danger of grip is in its weakening effect on the system, which allows complications to develop. These are chiefly pneumonia and bronchitis, sometimes inflammation of the middle ear, or heart affections. For these reasons, it is very important that the patient remain in bed until his strength returns—stay in bed at least two days or more after the fever has left you, or if you are over 50 or not strong, stay in bed four days or more, according to the severity of the attack.

EXTERNAL APPLICATIONS.

In order to stimulate the lining of the air passages to throw off the grip germs, to aid in loosening the phlegm and keeping the air passages open, thus making the breathing easier, Vick's VapoRub will be found effective. Hot, wet towels should be applied over the throat, chest and back between the shoulder blades to open the pores. Then VapoRub should be

BETHEL

There Are Only 15 Civil War Veterans Left in Town.

The number of Civil war veterans in town has been reduced to 15, as follows: Lewis B. Bates, Faber Benedict, Bingham M. Caswell, Theodore A. Chadwick, Alva Dart, Henry D. Davenport, Jerome H. Grow, John H. Holton, M. N. Kendall, J. H. Small, J. C. Manning, F. E. Martell, Alonzo H. Spooner, Daniel Stoddard and Frank Waldo.

Walter H. Baker and his son, Edward, of Somerville, Mass., visited last week at E. L. and B. J. Dearing's.

Mrs. W. C. LaRock accompanied her husband to South Strafford Monday for a week's visit at that place.

E. S. Tewksbury returned yesterday from Hampton, N. H., accompanying his wife, who was called to care for Mr. and Mrs. Rex Fullam, who now are recovering from serious cases of influenza. Mrs. Tewksbury also becoming ill while caring for them.

Miss Esther Gilman is a nurse at the U. S. general hospital in Rahway, N. J.

Edward Lyman Messer of Keene, N. H., formerly of Bethel, married Oct. 14, Miss Ida Converse Lyman, formerly of Royalton.

Archibald Williams is now a corporal in the 101st ammunition train, A. E. F.

Honorable Arthur R. Newell writes an interesting letter under date of Sept. 27 to his mother, Mrs. H. W. Davis. He has the pay of a sergeant.

Mr. and Mrs. Herbert A. Mack of Malden, Mass., who, with their daughter, Ethel, visited relatives here last week, have bought the home place of the late Mrs. Cynthia Holington for summer occupancy.

Vasyl Gajko, for several years formerly a resident of this town, has returned after living three years in Detroit, Mich.

C. W. Potter has moved into the M. N. Kendall tenement and W. A. LaRock has moved into the Hartwell cottage.

It has been ascertained that 39 persons past the age of 80 years at present are residents of Bethel. A majority are women and a majority live in the village. There is only one married couple in the list, Alonzo Parsons, 83, and his wife, 80. Three others have wives or husbands living, the great majority are widowed and four are unmarried women. The oldest person is Philander C. House, 94, of East Bethel.

Ernest M. Carpenter has moved his family to Claremont, N. H., where he has a partnership in a grocery business.

Sumner C. Holington closes his summer home this week and returns to Lowell, Mass.

Sgt. George Dewey Lavell of White River Junction, whose name appears in the casualty list of yesterday as having been wounded in action, is a native of this village, and a former winning pitcher on the baseball team of Whitecomb high school. His parents, Mr. and Mrs. John Lavell, moved from here only two or three years ago.

John McCormick was here from Milford, N. H., recently on his way to Northfield to see Stillman Joyce, who died before his arrival. Mr. McCormick expects to winter in Bethel as usual.

H. D. Belval has been discharged from the sanatorium, cured of pneumonia. Mrs. C. H. Goss, who was at the sanatorium for treatment for influenza, also has returned home.

David Burrell is recovering from a fortnight's illness resulting from ivy poisoning.

NORTH CALAIS

Ralph Hill was at home from his work in Montpelier over Sunday and the Portland. Sidney Nelson and son, Miles, were in East Hardwick last week Friday.

Twin boys, Russell Elliott and Robert

IF BACK HURTS

BEGIN ON SALTS

Flush the Kidneys at Once When Back-ache or Bladder Bothers—Meat Forms Uric Acid.

No man or woman who eats meat regularly can make a mistake by flushing the kidneys occasionally, says a well-known authority. Meat forms uric acid, which clogs the kidney pores so they sluggishly filter or strain only part of the waste and poisons from the blood, then you get sick. Nearly all rheumatism, headaches, liver trouble, nervousness, constipation, dizziness, sleeplessness, bladder disorders come from sluggish kidneys.

The moment you feel a dull ache in the kidneys or your back hurts, or if the urine is cloudy, offensive, full of sediment, irregular of passage, or attended by a sensation of stinging, get about four ounces of Jad Salts from any reliable pharmacy and take a tablespoonful in a glass of water before breakfast for a few days, and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush clogged kidneys and stimulate them to activity, also to neutralize the acids in urine so it no longer causes irritation, thus ending bladder disorders.

Jad Salts is inexpensive and cannot injure; makes a delightful, effervescent, lithia-water drink, which all regular meat eaters should take now and then to keep the kidneys clean and the blood pure, thereby avoiding serious kidney complications.—Adv.

Elmer, arrived at the home of Mr. and Mrs. Glen Sanders Oct. 2, weighing, respectively, eight and five and one-half pounds. Mr. and Mrs. Sanders were former residents of this place but now live in Deerfield, N. H.

Mr. and Mrs. J. W. Butterfield of Cabot were in town last Thursday.

Joe Seely was a business visitor in Hardwick recently.

Mr. and Mrs. Bert Bancroft were called to Hardwick Monday to attend the funeral of a relative.

L. C. Parker of Adamant was a business visitor here Saturday.

Mr. and Mrs. Leroy Dailey of Woodbury Center were week-end guests at the home of her mother, Mrs. Sylvia Dailey.

Mrs. Jennie Martin was called to Hardwick hospital the first of last week on account of the serious illness of her son, Wayne Martin.

Clara Burnham and daughter of Cabot were recent visitors at the home of her parents, Mr. and Mrs. Freeman Lawson.

Edwin Celley has gone to Leroy Dailey's at Woodbury Center for a few weeks' stay.

Mrs. E. A. Dailey was called to South Woodbury last week to care for her son, Frank Dailey, and family, who are ill with influenza.

Will Crippin of Woodbury is doing various jobs of threshing in this vicinity.

Mrs. Irene Goodale and Mrs. E. R. Scribner are recovering from their recent illness.

Miss Georgia Dailey of Woodbury visited relatives in Calais Saturday.

Mr. and Mrs. Gardner Orton of Athol, Mass., were over-Sunday guests of Mrs. E. L. Beard.

Mrs. Addie Carr of Hardwick visited friends in town a few days last week.

The funeral of Wayne Martin, son of Mr. and Mrs. L. R. Martin of this place, who died at the Hardwick hospital last Thursday, was held at his late home Sunday afternoon, with interment in East Calais cemetery. The deceased leaves a wife, two sons, one brother, Earle Martin of Springfield, Mass., and his father and mother. Much sympathy is extended to the bereaved family.

Earle Martin of Springfield, Mass., was here to attend the funeral of his brother, Wayne Martin, last Sunday.

RANDOLPH

Mrs. Clara Prince left on Tuesday for Lebanon, N. H., where she will visit her sister, Mrs. E. W. Miller, for a few days.

Miss Evelyn Denny has been in the sanatorium for several days for care and treatment for the influenza, with which she has been quite ill, and from which she is thought to be making a good recovery.

Mrs. Taplin of Boston came last week to see her mother, Mrs. G. E. Davenport, who has been very ill with the grip. Mrs. Taplin returned on Tuesday, leaving her mother comfortable, with a prospect of recovery. Another daughter, Mrs. Forest Blossom of Bethel, has been with her for several days to assist in her care.

Mrs. Jackson, a teacher in Braintree, has been resting her vacation at her rooms in town and Tuesday went to Bethel for a short stay with friends.

The funeral of the late Roy Huse was held at Windsor on Wednesday, and the remains were brought here for burial. Mr. and Mrs. A. J. Huse have been in Windsor for several days and returned with the funeral party to attend the burial.

The funeral of the late Herman Kent, who died at the V. I. Spear farm, was held Wednesday and the remains were taken to Rochester by A. F. Lamb, undertaker, for burial. The service was quite ill, but it is hoped that she will recover.

Newell Pierce, who has been on an eight-day furlough from Fort Williams, Me., passing the time with his family, left on Tuesday night to resume duty.

Laurence Leonard, Paul Russell, Lawrence Stockwell, Martin Scott and Arthur Cheney left Tuesday for Burlington.

Mr. Leonard will take up the course of the naval unit, which is formed there; Lawrence Stockwell and Paul Russell will enter the students' army training corps at the university, and it is also expected that the two others will take up the special course also.

Elmer Nelson is passing a few days at the N. C. Greene home on Summer street, while awaiting a call for the radio training, which he has enlisted to enter.

Mrs. C. J. Stockwell and Mrs. Demeritt, both pneumonia patients, are reported improving at the present.

W. G. Hodgkins returned on Tuesday from a few days' stay in Rochester with his father, W. D. Hodgkins.

The party who is installing the new machine at the N. X. Morse mill, expects to finish the job in a few days, and before the week closes they hope to be able to use the new machinery, and farmers can then have their wheat ground in town. This is the first machine of the kind in this vicinity, and has been purchased at quite an expense by the company.

Mrs. Marion Rumrill and her daughter, Miss Arlene, have returned from a few days' stay in Strafford, where they went to visit friends.

Vermont's Republican Candidates and What They Stand For



(3) Percival W. Clement, Nominee for Governor; (5) Mason S. Stone, Nominee for Lieut.-Governor; (6) Walter F. Scott, Nominee for State Treasurer; (3) Harry A. Black, Nominee for Secretary of State; (1) Benjamin Gates, Nominee for Auditor; (4) Frank C. Archibald, Nominee for Attorney-General.

A great opportunity and a great duty confront Vermont voters in the present campaign.

The nation is at war, and every resource of civilization should be employed in the preservation of the rights and liberties of humanity.

Vermont has already risen nobly to the demands of the nation and the nation's allies, but more remains to be done.

We must raise more money, provide more men and produce more food if we would do our full part in the great world struggle that is now in its most critical stages.

Vermont will be well served in the office of Governor by Percival W. Clement of Rutland

Associated with him on the Republican state ticket are men whose names and records are familiar to all Vermonters.

Men of character, ability and fitness, they are well calculated to inspire confidence in the electorate, and their experience in state affairs guarantees their efficient performance of the duties of their respective offices. Most of them have been in the public eye for years. Every Vermont voter should be proud to vote for such candidates.

What the Republican Candidates Stand For

On account of the scourge of disease which has swept over our state, the Republican party of Vermont was unable to hold a state convention or adopt a platform. The Republican candidates for state office, however, have made a declaration of principles, which, in brief, is as follows:

1. A sound business administration for Vermont.
2. Every resource of state and nation to be dedicated to winning the war.
3. No peace without victory.
4. Business principles in national affairs.

With such candidates and on such a program of constructive betterment, we confidently appeal to your suffrage and support.

The Republican State Committee of Vermont

MARSHFIELD

Marshfield has gone over the top in the fourth Liberty loan drive. The quota for the town was \$16,500, and the subscriptions totalled \$17,650. Of this amount, \$13,300 was secured by the woman's Liberty loan committee, composed of the following ladies, Mrs. S. A. Swerdfefer, chairman, Mrs. Charles M. Lilley, Mrs. Murray Martin, Mrs. Forest Drinkwater and Miss Emma Packard.

Henry Johnson has purchased the farm belonging to his brother, Percy Johnson, and expects to move onto it in the spring.

F. H. Prouty and family took a trip to Mount Mansfield Sunday.

F. E. Bodan has closed his house and blacksmith shop and left Saturday for Boston, where he is to work at his trade for the government. His family are to spend the winter with his brother in Manchester, N. H.

W. H. H. Smith and family were visitors in Barre Tuesday.

Percy Pitkin and James Phelps were called the first of last week to go to Potsdam, N. Y., for mechanical training. Percy A. Pike has sold his farm on the Plainfield road and moved last week to Hardwick.

Mr. and Mrs. E. A. Folsom were visitors in Barre Wednesday.

Miss Hazel Billings of Barre was the guest of Miss Leola Taft a few days recently.

W. B. Perkins of Burlington was a visitor in town Thursday.

There have been no new cases of influenza for several days and those who are ill with it are all reported to be improving.

H. D. McGrillis, Mr. and Mrs. S. Swerdfefer and Mr. and Mrs. C. M. Lilley were business visitors in Montpelier Saturday.

Miss Emily Stickney of the Kurn Hatfield home is the guest of A. L. Burnham and mother.

George Porter cut his foot last Wednesday.

spend the winter with his brother in Manchester, N. H.

WAITSFIELD

Ed. Jones and J. C. Bisbee were at the latter's camp in South Fayston, Sunday.

Miss Alice Folsom of this place died in Waterbury Sunday. The body is expected here Tuesday. Much sympathy is extended the family and further notice will be given in regard to the funeral and details of her death.

John Buzzell is quite sick, but at last reports he was fully as comfortable as could be expected.

Dr. A. Robinson came to town Sunday to oversee the influenza conditions. He reports very few cases and decidedly light what we have.

Moses DeCell and Guy Hunt were in Burlington Sunday.

Clarence Bisbee made his trial trip on the mail route Monday, preparatory to a regular trip Tuesday, due to Harold Hayes' absence on that day to attend his brother-in-law's funeral in Middlesex.

Mrs. Helen Reed has been sick since Wednesday with the prevailing distemper.

Mr. and Mrs. Pearl Gaylord and son, Marshall, are all sick at this writing. Dr. Haylette, the attending physician, calls them all distinct cases of influenza.

The boy scouts of Waitsfield have just done their first patriotic work in connection with the recent drive for the fourth Liberty loan. Eleven of the boys acted as gleaners after the regular solicitors had finished. They succeeded in two days in selling 25 bonds to 24 people, an aggregate amount of \$1,300.

Scout Hiram Mills sold bonds to 11 people, of the total value of \$800, and is thus entitled to the war medal given through the scout headquarters' national fund.

It's a prime favorite with discriminating ladies because it makes the hair so soft and lustrous, and appears twice as abundant.

Parian size is inexpensive and easily obtainable at all drug stores.—Adv.

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To do so, we must have, first of all, a careful, conservative and economical business administration of the state's affairs. We must eliminate waste, prevent graft and devote every dollar available to the great enterprises demanded by the war.

As standard bearer of the party, Vermont Republicans have selected a business man, successful in his own affairs, familiar with state needs, thoroughly devoted to the Great Cause, courageous, skillful and patriotic; pledged to a business administration of the state's finances and entitled to the support of every Vermonter of every shade of political belief.

ence in state affairs guarantees their efficient performance of the duties of their respective offices. Most of them have been in the public eye for years. Every Vermont voter should be proud to vote for such candidates.

5. Return to their owners after the war of all public utilities commandeered by the federal government.
6. Brief, business session of legislature.
7. State pay for all Vermont soldiers and sailors in the service of the nation.
8. Return of the rural school to the rural community, better teachers and better schools.
9. Trunkline highways in Vermont, with federal aid, and better back roads for farmers.
10. Deeper waterways for Vermont lake ports.

With such candidates and on such a program of constructive betterment, we confidently appeal to your suffrage and support.

The Republican State Committee of Vermont

BERLIN

The board of civil authority will meet at the schoolhouse in West Berlin Saturday, Oct. 26, and at the town clerk's office, Berlin corner, Saturday, Nov. 2, for the purpose of revising the checklist.

Arthur C. Brown, Town Clerk.

Berlin, Vt., Oct. 21, 1918.

al council. The other participants in the canvass were: Andrew Baird, Floyd Somerville, Everett Farr, Lowell Perry, Kenneth Bowen, LeRoy Higley, Charles Jones, Clifford Walls, Homer LaMorder and Merton Huntley.

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QUICK RELIEF FROM CONSTIPATION

Get Dr. Edwards' Olive Tablets

That is the joyful cry of thousands since Dr. Edwards produced Olive Tablets, the substitute for calomel.

Dr. Edwards, a practicing physician for 17 years and calomel's old-time enemy, discovered the formula for Olive Tablets while treating patients for chronic constipation and torpid livers.

Dr. Edwards' Olive Tablets do not contain calomel, but a healing, soothing vegetable laxative.

No gripping is the "keynote" of these little sugar-coated, olive-colored tablets. They cause the bowels and liver to act normally. They never force them to unnatural action.

If you have a "dark brown mouth" now and then—a bad breath—a dull, tired feeling—sick headache—torpid liver and are constipated, you'll find quick, sure and only pleasant results from one or two little Dr. Edwards' Olive Tablets at bedtime.

Thousands take one or two every night just to keep right. Try them. 10c and 25c per box. All druggists.